



**FOR IMMEDIATE RELEASE**  
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**Local resident thankful for Williamson Medical Center’s life-saving  
cardiac program, emergency services**

**FRANKLIN, TENN.** – Alice Darnell has experienced first-hand the life-saving cardiac program at Williamson Medical Center. It’s been just over a year since she suffered a heart attack, and through quick intervention by WMC staff she has been given a new lease on life.

“My physician says that if I had not been treated quickly, I would not have made it, and that’s a scary thought,” Darnell says.

A resident of Franklin, Darnell brought her husband into Williamson Medical Center’s Emergency Department because he was displaying symptoms of a stroke. While driving her husband to Williamson Medical Center, Darnell experienced chest pain.

“I realize now the chest pain actually meant I was having a heart attack,” she says. “At the time I thought it was just anxiety for my husband’s situation.”

While in the triage room answering questions about her husband, Darnell began feeling faint and became sick. Within minutes, Darnell was undergoing tests and being treated for heart attack. She received two stents to open blockages during an angioplasty procedure.

“WMC’s staff was so efficient and took great care of me,” she says. “I felt really blessed to be there.”

Both Darnell and her husband, who suffered a transient ischemic attack (also known as a warning stroke), are doing well. Since then, Darnell received a third stent and participated in Williamson Medical Center’s cardiac rehabilitation program.

With an accredited Chest Pain Center, two cardiac catheterization laboratories and the latest diagnostic technology, chest-pain patients at Williamson Medical Center receive

the best care possible. Care doesn't end when patients leave the Medical Center. Those who participate in cardiac rehabilitation enjoy improved quality of life and decreased chances of having another cardiac event.

Signs of a heart attack include chest discomfort, discomfort in the arms, back, neck, jaw or stomach, shortness of breath, cold sweat and nausea. Individuals who experience any of these symptoms are urged to call 911 immediately. How fast patients receive medical care when experiencing a heart attack directly affects how much heart muscle is saved.

Williamson Medical Center, a 185-bed hospital fully accredited by The Joint Commission, provides comprehensive inpatient and outpatient care including emergency services, with credentialed physicians in 53 specialties and sub-specialties. The community-focused hospital offers a wide range of wellness services, screenings and classes. For more information about Williamson Medical Center, visit [www.williamsonmedicalcenter.org](http://www.williamsonmedicalcenter.org).

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