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| **Monday, November 26** | Tuesday, November 27 | Wednesday, November 28 |
| **Featured:**  Chicken Cordon Bleu  Beef Lo Mein  Reubens  Sides:  Stir Fry Vegetables  Green Beans  Egg Rolls  Blackeye Peas  Au Gratin Potatoes | **Featured:**  Cajun Chicken Pasta  Fish & Chips  Taco Salad w/ Chips  Sides:  Red Potatoes  Lima Beans  Squash Casserole  Spinach  Sicilian Blend | Featured:  **Roast Pork w/ White Rice & Black Bean Salsa**  Country Fried Steak w/ White Gravy  Chicken Quesadillas  Sides:  Shoepeg Corn  Mashed Potatoes  Green Beans  Okra & Tomatoes  Southwestern Egg Roll |
| Thursday, November 29 | Friday, November 30 | Saturday, December 1 |
| **Featured:**  **Chopped Steak w/ Peppers & Onions**  Chicken Broccoli Casserole  Bang Bang Shrimp Tacos  Sides:  Sautéed Green Beans w/ Tomatoes  Mashed Potatoes  Gravy  Fried Onion Petals  Carrots  Brussel Sprouts | **Featured:**  BBQ Pork  Fried Catfish w/ Hushpuppies  Buchanan’s Patty Melt  Sides:  Baked Beans  Green Beans  Fried Okra  **Sautéed Broccoli**  Cut Corn | **Featured:**  **Chopped Steak w/ Peppers & Onions**  Chicken & Dumplings  Sides:  AuGratin Potatoes  Fried Squash  Green Beans  **Sautéed Mushrooms** |
| Sunday, December 2 | Served Every Day: | Healthy Tips: |
| **Featured:**  Sliced Roast Beef  Fish & Chips  **Sides:**  Green Beans  Mashed Potatoes  **Baby Carrots**  **Turnip Greens** | |  |  | | --- | --- | | Breakfast Daily  Hamburgers  Cheeseburgers  Hot Ham & Cheese  Hot Turkey Sandwich  Fish Sandwich  Chicken Salad Sandwich  Tuna Salad Sandwich  Pimento Cheese  Bologna Sandwich  Grilled Chicken  Veggie Burgers | Cold Ham or Turkey Sandwich  Salad Bar  Soup of the Day  Assorted Desserts  Cobbler of the Day  French Fries  Onion Rings  Chicken Fingers  Yogurt Shooters  Baked Potato  Baked Sweet Potato | | **Items in red are healthier choices.**  **December tip:**  **Build a Healthy Holiday Plate**  *Grilled Chicken Breast w/baked sweet potato and side salad*  *Grilled Chicken Sandwich on wheat bread w/side salad*  *Turkey or Tuna Sandwich on wheat bread w/fresh fruit*  *Avoid sweetened beverages, gravies, and sauces.* |

**(Items subject to change.)**

**BREAKFAST: 6:30 – 10 a.m.**

**LUNCH: 11 a.m. – 2 p.m.**

**CLOSED: 2 – 3 p.m.**

**GRILL ONLY: 3 – 4 p.m.**

**DINNER: 4 – 7 p.m.**

**GRILL ONLY: 7 – 9 p.m.**