

BREAKFAST: 6:30 – 10 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 7 p.m.
GRILL ONLY: 7 – 9 p.m.

(Items subject to change.)

Monday, January 14	Tuesday, January 15	Wednesday, January 16																											
<p>Featured: Baked Potato Bar Sliced Turkey Hot Wings</p> <p>Sides: Green Beans Dressing Sliced Beets Turnip Greens Sweet Potato Casserole Turkey Gravy</p>	<p>Featured: Maple Smokehouse Salmon Spaghetti W/ Meatsauce BBQ Pork Sandwich</p> <p>Sides: Sicilian Blend Roasted Red Potatoes SW Corn Fresh Asparagus Cheese Sticks</p>	<p>Featured: Vegetable Lasagna Fried Chicken Philly Beef Sandwiches w/ Fries</p> <p>Sides: Fried Cabbage Yukon Gold Mashed Potatoes Pinto Beans Macaroni & Cheese California Blend</p>																											
Thursday, January 17	Friday, January 18	Saturday, January 19																											
<p>Featured: Chicken Pot Pie Kielbasa & Kraut Grilled Caesar Salad</p> <p>Sides: Mashed Potatoes Green Beans White Beans Bermuda Blend Corn Nuggets Gravy</p>	<p>Featured: Smothered Pork Chops BBQ Beef Brisket Catfish Nuggets w/Seasoned Fries</p> <p>Sides: Mashed Potatoes Green Beans Brussel Sprouts Baby Carrots Fried Mushroom</p>	<p>Featured: Chopped Steak w/ Peppers & Onions Fish & Chips</p> <p>Sides: Scalloped Potatoes Spinach Cut Corn Pinto Beans</p>																											
Sunday, January 20	Served Every Day:		Healthy Tips:																										
<p>Featured: Turkey & Gravy Meatloaf w/ Red Sauce</p> <p>Sides: Chuckwagon Blend Green Beans Dressing Mashed Potatoes Gravy</p>	<table border="0"> <tr> <td>Breakfast Daily</td> <td>Cold Ham or</td> </tr> <tr> <td>Hamburgers</td> <td>Turkey Sandwich</td> </tr> <tr> <td>Cheeseburgers</td> <td>Salad Bar</td> </tr> <tr> <td>Hot Ham & Cheese</td> <td>Soup of the Day</td> </tr> <tr> <td>Hot Turkey Sandwich</td> <td>Assorted Desserts</td> </tr> <tr> <td>Fish Sandwich</td> <td>Cobbler of the Day</td> </tr> <tr> <td>Chicken Salad</td> <td>French Fries</td> </tr> <tr> <td>Sandwich</td> <td>Onion Rings</td> </tr> <tr> <td>Tuna Salad Sandwich</td> <td>Chicken Fingers</td> </tr> <tr> <td>Pimento Cheese</td> <td>Yogurt Shooters</td> </tr> <tr> <td>Bologna Sandwich</td> <td>Baked Potato</td> </tr> <tr> <td>Grilled Chicken</td> <td>Baked Sweet Potato</td> </tr> <tr> <td>Veggie Burgers</td> <td></td> </tr> </table>		Breakfast Daily	Cold Ham or	Hamburgers	Turkey Sandwich	Cheeseburgers	Salad Bar	Hot Ham & Cheese	Soup of the Day	Hot Turkey Sandwich	Assorted Desserts	Fish Sandwich	Cobbler of the Day	Chicken Salad	French Fries	Sandwich	Onion Rings	Tuna Salad Sandwich	Chicken Fingers	Pimento Cheese	Yogurt Shooters	Bologna Sandwich	Baked Potato	Grilled Chicken	Baked Sweet Potato	Veggie Burgers		<p>Items in red are healthier choices.</p> <p>How to be Salad Savvy For a 300 calorie or less salad: Start with lettuce and add non-starchy vegetables like carrots, cucumber, and tomatoes. Next, add a protein of grilled chicken from the grill OR do a plant based protein and top with chickpeas from the salad bar. Finish your salad with oil and vinegar or a low-fat dressing. Beware of toppings high in saturated fat and calories: dressings and cheeses.</p>
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