

BREAKFAST: 6:30 – 10 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 7 p.m.
GRILL ONLY: 7 – 9 p.m.

(Items subject to change.)

Monday, February 25	Tuesday, February 26	Wednesday, February 27
<p>Featured: Pan Seared Italian Chicken Breast Meatloaf w/ Red Sauce Fish Tacos</p> <p>Sides: Risotto Rice Green Beans Mashed Potatoes Bermuda Blend Mixed Beans</p>	<p>Featured: Liver & Onions Fried Shrimp w/ Hushpuppies Chicken/Beef Bowl</p> <p>Sides: Macaroni & Cheese Green Beans Mashed Potatoes Fried Green Tomatoes Sicilian Blend</p>	<p>Featured: Orange Chicken over Rice Roast Beef w/ Vegetables Turkey Cucumber Ranch Wrap</p> <p>Sides: Green Beans Cob Corn Lima Beans Egg Rolls Stir Fry Veggies</p>
Thursday, February 28	Friday, March 1	Saturday, March 2
<p>Featured: Crunchy Baked Cod BBQ Ribs Taco Salad</p> <p>Sides: Ranch Potatoes Baked Beans Fried Onion Petals Malibu Blend Sautéed Mushrooms</p>	<p>Featured: Mojito Lime Chicken Breast 5 Cheese Lasagna Corn Dogs & Fries</p> <p>Sides: Mexican Rice Jalapeno Poppers Black Beans Roasted Broccoli Green Beans</p>	<p>Featured: Fried Chicken Breast Macaroni, Beef & Tomatoes</p> <p>Sides: Mashed Potatoes Sicilian Blend Fried Cheese Sticks Green Beans</p>
Sunday, March 3	Served Every Day:	Healthy Tips:
<p>Featured: Fried Pork Chops Meatloaf w/ Brown Gravy</p> <p>Sides: Mashed Potatoes Turnip Green Green Beans Cut Corn</p>	<p>Breakfast Daily Hamburgers Cheeseburgers Hot Ham & Cheese Hot Turkey Sandwich Fish Sandwich Chicken Salad Sandwich Tuna Salad Sandwich Pimento Cheese Bologna Sandwich Grilled Chicken Veggie Burgers</p> <p>Cold Ham or Turkey Sandwich Salad Bar Soup of the Day Assorted Desserts Cobbler of the Day French Fries Onion Rings Chicken Fingers Yogurt Shooters Baked Potato Baked Sweet Potato</p>	<p>Items in red are healthier choices. March is National Nutrition Month. This month take the opportunity to clean up your breakfast. Breakfast gives you energy to start the day. Get the morning nutrition you need with these low-fat breakfast picks: oatmeal with cinnamon and raisins from the hot bar, plain yogurt with fruit and high fiber cereal from the salad bar, a veggie omelet with whole wheat toast from the grill. Power up with a healthy breakfast and you're off to a great start!</p>

