

BREAKFAST: 6:30 – 10 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 7 p.m.
GRILL ONLY: 7 – 9 p.m.

(Items are subject to change.)

Monday, March 25	Tuesday, March 26	Wednesday, March 27
<p>Featured: Pan Seared Italian Chicken Breast Meatloaf w/ Red Sauce Fish Tacos <i>Smoked Red Pepper Gouda</i></p> <p>Sides: Risotto Rice Green Beans Mashed Potatoes Bermuda Blend Mixed Beans Bread Pudding</p>	<p>Featured: Liver & Onions Fried Shrimp w/ Hushpuppies Chicken/Beef Bowl <i>Vegetable Soup</i></p> <p>Sides: Macaroni & Cheese Green Beans Mashed Potatoes Fried Green Tomatoes Sicilian Blend <i>Blackberry Cobbler</i></p>	<p>Featured: Orange Chicken over Rice Roast Beef w/ Vegetables Turkey Cucumber Ranch Wrap <i>Chicken & Wild Rice Soup</i></p> <p>Sides: <i>Green Beans</i> Cut Corn <i>Lima Beans</i> <i>Egg Rolls</i> Stir Fry Veggies <i>Apple Cobbler</i></p>
Thursday, March 28	Friday, March 29	Saturday, March 30
<p>Featured: Crunchy Baked Cod BBQ Ribs Taco Salad <i>Cream of Broccoli Soup</i></p> <p>Sides: Ranch Potatoes Baked Beans Fried Onion Petals Malibu Blend Sautéed Mushrooms <i>Peach Cobbler</i></p>	<p>Featured: Mojito Lime Chicken Breast 5 Cheese Lasagna Fish Sandwich <i>Potato Soup</i></p> <p>Sides: Mexican Rice Jalapeno Poppers Black Beans Roasted Broccoli Green Beans Strawberry Cobbler</p>	<p>Featured: Fried Chicken Breast Macaroni, Beef & Tomatoes <i>Chicken & Sausage Gumbo</i></p> <p>Sides: Mashed Potatoes Sicilian Blend Fried Cheese Sticks Green Beans <i>Blackberry Cobbler</i></p>
Sunday, March 31	Served Every Day:	Healthy Tips:
<p>Featured: Fried Pork Chops Meatloaf w/ Brown Gravy <i>Vegetable Beef Soup</i></p> <p>Sides: Mashed Potatoes Turnip Green Green Beans Cut Corn <i>Apple Cobbler</i></p>	<p>Breakfast Daily Hamburgers Cheeseburgers Hot Ham & Cheese Hot Turkey Sandwich Fish Sandwich Chicken Salad Sandwich Tuna Salad Sandwich Pimento Cheese Bologna Sandwich Grilled Chicken Veggie Burgers</p> <p>Cold Ham or Turkey Sandwich Salad Bar Soup of the Day Assorted Desserts Cobbler of the Day French Fries Onion Rings Chicken Fingers Yogurt Shooters Baked Potato Baked Sweet Potato</p>	<p>Items in red are healthier choices. March is National Nutrition Month. This month take the opportunity to clean up your breakfast. Breakfast gives you energy to start the day. Get the morning nutrition you need with these low-fat breakfast picks: oatmeal with cinnamon and raisins from the hot bar, plain yogurt with fruit and high fiber cereal from the salad bar, a veggie omelet with whole wheat toast from the grill. Power up with a healthy breakfast and you're off to a great start!</p>

