

BREAKFAST: 6:30 – 10 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 7 p.m.

GRILL ONLY: 7 – 9 p.m.

(Items subject to change.)

Monday, March 4	Tuesday, March 5	Wednesday, March 6
<p>Featured: Roast Beef in Au Jus w/ Vegetables Chicken & Dumplings Corn Dogs & Fries Chicken & Dumpling Soup</p> <p>Sides: Sautéed Squash Green Beans Mashed Potatoes Thickened Peas Baby Carrots Strawberry Cobbler</p>	<p>Featured: Blackened Catfish Smoked Chicken Quarters Shrimp Po Boys Chicken & Sausage Gumbo</p> <p>Sides: Fried Okra Green Beans Red Beans & Rice Sautéed Squash Bread Pudding</p>	<p>Featured: Macaroni Beef & Tomatoes “Oven Baked Crunchy Tilapia w/ Lemon Butter” Fried Chicken Sandwich & Waffle Fries Tomato Basil Soup</p> <p>Sides: Green Beans Pinto Beans Scalloped Tomatoes Cheese Sticks Stewed Whole Potatoes Cherry Cobbler</p>
Thursday, March 7	Friday, March 8	Saturday, March 9
<p>Featured: Salmon Croquettes Beef Tips & Rice Rib Tips & Fries Potato Soup</p> <p>Sides: Red Potatoes Cut Corn Broccoli Spears Blackeye Peas Green Beans Peach Cobbler</p>	<p>Featured: Chicken Parmesan Cajun Catfish Turkey Club Avocado Wrap Chicken Tortilla Soup</p> <p>Sides: Bermuda Blend Mashed Potatoes Green Beans Macaroni & Cheese Fried Apple Crescents Blackberry Cobbler</p>	<p>Featured: Rotisserie Chicken Stuffed Peppers Cream of Broccoli Soup</p> <p>Sides: AuGratin Potatoes California Blend Lima Beans Wild Rice Apple Cobbler</p>
Sunday, March 10	Served Every Day:	Healthy Tips:
<p>Featured: Sliced Ham w/ Pineapple Fried Chicken Breast Vegetable Soup</p> <p>Sides: Candied Yams Turnip Greens Cut Corn Green Beans Blackberry Cobbler</p>	<p>Breakfast Daily Hamburgers Cheeseburgers Hot Ham & Cheese Hot Turkey Sandwich Fish Sandwich Chicken Salad Sandwich Tuna Salad Sandwich Pimento Cheese Bologna Sandwich Grilled Chicken Veggie Burgers</p> <p>Cold Ham or Turkey Sandwich Salad Bar Soup of the Day Assorted Desserts Cobbler of the Day French Fries Onion Rings Chicken Fingers Yogurt Shooters Baked Potato Baked Sweet Potato</p>	<p>Items in red are healthier choices. March is National Nutrition Month. This month take the opportunity to clean up your breakfast. Breakfast gives you energy to start the day. Get the morning nutrition you need with these low-fat breakfast picks: oatmeal with cinnamon and raisins from the hot bar, plain yogurt with fruit and high fiber cereal from the salad bar, a veggie omelet with whole wheat toast from the grill. Power up with a healthy breakfast and you're off to a great start!</p>

