

BREAKFAST: 6:30 – 10 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 7 p.m.
GRILL ONLY: 7 – 9 p.m.

(Items subject to change.)

Monday, July 8	Tuesday, July 9	Wednesday, July 10
<p>Featured: Chicken Cordon Bleu Beef Lo Mein Ruebens Smoked Red Pepper Gouda</p> <p>Sides: Stir Fry Vegetables Green Beans Egg Rolls Blackeye Peas Au Gratin Potatoes Peach Cobbler</p>	<p>Featured: Cajun Chicken Pasta Fish & Chips Swiss Mushroom Burger Potato Soup</p> <p>Sides: Broccoli Rice Casserole Red Potatoes Lima Beans Squash Casserole Sicilian Blend Cherry Cobbler</p>	<p>Featured: Roast Pork w/ White Rice & Black Bean Salsa Country Fried Steak w/ White Gravy Chicken Nachos Vegetable Soup</p> <p>Sides: Shoepeg Corn Mashed Potatoes Green Beans Okra & Tomatoes Southwestern Egg Roll Pecan Cobbler</p>
Thursday, July 11	Friday, July 12	Saturday, July 13
<p>Featured: Chopped Steak w/ Peppers & Onions Chicken Broccoli Casserole Bang Bang Shrimp Tacos Lobster Bisque</p> <p>Sides: Sautéed Green Beans w/ Tomatoes Mashed Potatoes Gravy Fried Onion Petals Carrots Brussels Sprouts Apple Cobbler</p>	<p>Featured: BBQ Pork Fried Catfish w/ Hushpuppies Buchanan's Patty Melt Chicken Orzo Soup</p> <p>Sides: Baked Beans Green Beans Fried Okra Sautéed Broccoli Cut Corn Blackberry Cobbler</p>	<p>Featured: Chopped Steak w/ Peppers & Onions Chicken Fettuccini Chicken Sausage Gumbo</p> <p>Sides: AuGratin Potatoes California Blend Green Beans Sautéed Mushrooms Peach Cobbler</p>
Sunday, July 14	Served Every Day:	Healthy Tips:
<p>Featured: Fish & Chips Country Style Ribs Broccoli & Cheese Soup</p> <p>Sides: Macaroni & Cheese Green Beans Mashed Potatoes Turnip Greens Strawberry Cobbler</p>	<p>Breakfast Daily Hamburgers Cheeseburgers Hot Ham & Cheese Hot Turkey Sandwich Fish Sandwich Chicken Salad Sandwich Tuna Salad Sandwich Pimento Cheese Bologna Sandwich Grilled Chicken Veggie Burgers</p> <p>Cold Ham or Turkey Sandwich Salad Bar Soup of the Day Assorted Desserts Cobbler of the Day French Fries Onion Rings Chicken Fingers Yogurt Shooters Baked Potato Baked Sweet Potato</p>	<p>Items in red are healthier choices. July is Blueberry Month! Blueberries are just 80 calories per cup and loaded with antioxidants. Blueberries are low in fat and high in fiber; a high fiber diet helps lower the amount of cholesterol in blood and lowers the risk of heart disease. Try a blueberry parfait: vanilla yogurt topped with blueberries from the salad bar and sprinkled with granola or chopped nuts.</p>

