

BREAKFAST: 6:30 – 10 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 7 p.m.
GRILL ONLY: 7 – 9 p.m.

(Items subject to change.)

Monday, March 2	Tuesday, March 3	Wednesday, March 4
<p>Featured: Who Roast Beef & Who Hash Ham & Spinach Quiche Popcorn Chicken & Cindy Lou Curly Q Fries <i>Chicken & Dumpling Soup</i></p> <p>Sides: Escaloped Apples Green Beans Mashed Potatoes Thickened Peas Baby Carrots <i>Apple Dumplings</i></p>	<p>Featured: Fried Pork Chops Stuffed Chicken Breast Swiss Mushroom Burger Chicken Sausage Gumbo</p> <p>Sides: Butter Beans Fried Okra Green Beans Scalloped Potatoes Sicilian Blend <i>Bread Pudding</i></p>	<p>Featured: Chicken Alfredo "Oven Baked Crunchy Tilapia w/ Lemon Butter" Beef & Cheddar <i>Tomato Basil Soup</i></p> <p>Sides: Green Beans Pinto Beans Roasted Corn on Cob Cauliflower Bites Stewed Whole Potatoes <i>Cherry Cobbler</i></p>
Thursday, March 5	Friday, March 6	Saturday, March 7
<p>Featured: Salmon Croquettes Beef Tips & Rice BBQ Nachos <i>Potato Soup</i></p> <p>Sides: Red Potatoes Broccoli Spears Blackeye Peas Green Beans Cut Corn <i>Peach Cobbler</i></p>	<p>Featured: Chicken Parmesan Cajun Catfish Turkey Avocado Club Wrap <i>Chicken Tortilla Soup</i></p> <p>Sides: Bermuda Blend Mashed Potatoes Green Beans Macaroni & Cheese Fried Apple Crescents <i>Blackberry Cobbler</i></p>	<p>Featured: Stuffed Chicken w/ Broccoli Stuffed Peppers <i>Cream of Broccoli Soup</i></p> <p>Sides: Loaded Potato Casserole California Blend Lima Beans Wild Rice <i>Apple Cobbler</i></p>
Sunday, March 8	Served Every Day:	Healthy Tips:
<p>Featured: Sliced Ham w/ Pineapple Fried Chicken <i>Vegetable Soup</i></p> <p>Sides: Candied Yams Broccoli Rice Casserole Cut Corn Green Beans <i>Blackberry Cobbler</i></p>	<p>Breakfast Daily Hamburgers Cheeseburgers Hot Ham & Cheese Hot Turkey Sandwich Fish Sandwich Chicken Salad Sandwich Tuna Salad Sandwich Pimento Cheese Bologna Sandwich Grilled Chicken Veggie Burgers</p> <p>Cold Ham or Turkey Sandwich Salad Bar Soup of the Day Assorted Desserts Cobbler of the Day French Fries Onion Rings Chicken Fingers Yogurt Shooters Baked Potato Baked Sweet Potato</p>	<p>Items in red are healthier choices. March is National Nutrition Month. This month take the opportunity to clean up your breakfast. Breakfast gives you energy to start the day. Get the morning nutrition you need with these low-fat breakfast picks: oatmeal with cinnamon and raisins from the hot bar, plain yogurt with fruit and high fiber cereal from the salad bar, a veggie omelet with whole wheat toast from the grill. Power up with a healthy breakfast and you're off to a great start!</p>

